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# First Aid Gestures Initiation Quizz





From 10 years old



Unlimited number of participants. Divided into teams, meeting following numbers.



1 hour 30 minutes

### **Objective**

To propose an introduction to first aid, using a quiz (between) two teams and a demonstration of correct techniques.

### **Equipment**

- Classroom
- Scoreboard
- Questionnaire
- First aid kit (dummy, first aid hand out)
- Questionnaire (30 questions + answers)

### **Activity**

Two teams face up to answer the questionnaire about first aid situations and win a point for each satisfactory answer. Then, first aid gestures are proposed to illustrate the correct answer for the question asked (see attached questionnaire).

### **Variant activity consideration:**

It is possible to prepare a quiz with multiple choice questions on a slide show and to display it during the event.



**Warm-up/extension:**

To decide equally between two teams, anticipate any subsidiary questions. A more active participation of participants in the first aid gestures reproduction may be considered. Consequently, it would be necessary to extend the event time.

